

Suicide Quiz — Primary Care Staff

Name: _____

SSN (Last 4) _____

Department: _____

True/False: For each statement below, circle "True" or "False"

True False	1. Serious physical illness does not increase the risk of suicide.
True False	2. Of those who commit suicide, 75% give clues/warnings to friend or family.
True False	3. According to experts, the single most important thing that Primary Care staff can do to prevent suicide is to detect and provide/arrange Tx for depression.
True False	4. Should you discover that the Pt you are with is imminently suicidal, the <u>first</u> thing you should do is get him/her to accept a referral to Mental Health.
True False	5. Being a white male over age 65 is a more powerful risk factor than untreated depression.
True False	6. Suicide is usually a "crisis superimposed on a mental disorder" (such as depression).

Multiple Choice: For each statement below, circle the best answer:

- 1) Depression can sometimes be difficult to detect because it may present in many different ways, such as:
 - a) Irritability/hostility.
 - b) Loss of pleasure/interest.
 - c) somatization.
 - d) All of the above

- 2) Suppose you suspect that your patient is suicidal, but he/she hasn't voiced suicidal thoughts. How would you begin your interview?

Select the one that does **NOT** belong:

 - a) Be in a place where others cannot "eavesdrop?"
 - b) Ask directly about suicidal thoughts/plans.
 - c) Communicate with words/actions that you genuinely care.
 - d) "Normalize" the occurrence of suicidal thoughts

Answer Key: Primary Care Suicide Quiz

CORRECT ANSWER IS SHOWN IN **BOLD+UNDERLINE**

True/False: Question:

<u>Answer:</u>	<u>Question:</u>
True <u>False</u>	1. Serious physical illness does <u>not</u> increase the risk of suicide.
<u>True</u> False	2. Of those who commit suicide, 75% give clues/warnings to friend or family.
<u>True</u> False	3. According to experts, the single most important thing that Primary Care staff can do to prevent suicide is to detect and provide/arrange Tx for depression.
True <u>False</u>	4. Should you discover that the Pt you are with is imminently suicidal, the <u>first</u> thing you should do is get him/her to accept a referral to Mental Health.
True <u>False</u>	5. Being a white male over age 65 is a more powerful risk factor than untreated depression.
<u>True</u> False	6. Suicide is usually a "crisis superimposed on a mental disorder" (such as depression).

Multiple Choice: For each statement below, circle the best answer:

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 - d) **All of the above**

- 2) Suppose you suspect that your patient is suicidal, but they haven't voiced suicidal thoughts. How would you begin your interview?

Select the one that does **NOT** belong:

 - a) Be in a place where others cannot "eavesdrop?"
 - b) **Ask directly about suicidal thoughts/plans.**
 - c) Communicate with words/actions that you genuinely care.
 - d) "Normalize" the occurrence of suicidal thoughts